

SYSCO®

At the heart of
food and service

PRODUCE CATALOG



Syracuse



At Sysco, we know how important produce is to your business. In fact, produce makes up half of every plate!

Every Sysco branded produce item follows rigid specifications that are:

- > Equal to or more stringent than *USDA standards*
- > Monitored daily by both the producers and by our QA personnel, both in the fields, coolers and in the processing plants
- > The freshest produce performs the best. Harvesting Sysco brand first thing in the morning will help assure strong texture and full shelf-life.

In addition, all suppliers of fresh produce must adhere to the following:

- > Each grower must have a valid *GAP (Good Agricultural Practices)* audit for each farm used to supply Sysco Operating Companies
- > Each supplier must have a valid *GMP (Good Manufacturing Practices)* audit for each facility used to pack/process/store produce used to supply Sysco Operating Companies.
- > Audits must be uploaded into our Sysco GAP/GMP database.
- > Coding on all master containers allows, at a glance, traceback to supplier, region and when the product was packed.

Quality Assurance

- ▼ The Sysco Produce QA Department is the largest in the Foodservice Industry (37 personnel total).
- ▼ Sysco Inspectors specify exact field areas where harvest can occur, avoiding the field edges where dirty and inconsistent product may be harvested
- ▼ All field approval decisions are reported daily to Sysco Produce. These reports contain information on Sysco Brand, quality and "best available" packer products.
- ▼ Produce QA Inspectors receive and monitor our produce at each Sysco Site, helping to close the loop in maintaining quality produce.

All growers including Local Growers are required by Sysco to meet and be audited for Good Agricultural Practices yearly.



All growers and packers are required by Sysco to have Hold Harmless Insurance, covering \$2,000,000 Liability for each occurrence.



From Field to Fork: Sysco Quality Assurance

> *As the leading supplier of fresh produce in North America:*

Sysco is dedicated to the discipline of food safety – and it shows. We start with the food service industry's largest team of highly qualified quality assurance professionals and technical services experts, and partner them with industry leading, like-minded suppliers. Together, we utilize a unique and exacting quality control regimen to ensure the highest safety standards from field to fork.

Food-borne illnesses affect millions of people every year. It takes just one case of illness linked back to your operation for you to lose credibility, profits and possibly even your business. That is why your food service distributor must possess qualities for staying vigilant, forward-thinking and positive – and Sysco delivers! Our uncompromising dedication to excellence begins with food safety.



> *Sysco GAP/GMP facts*

GAP relates to the core practices of produce food safety in the field where the products are grown and harvested.

GMP (Good Manufacturing Practices) are a means to ensure that processing facilities maintain the same vigilance with food safety and quality assurance as we mandate in the fields.

> *You Can't Expect What You Can't Inspect – Sysco GAP/GMP Program*

Since 1999, all of our suppliers of Sysco Brand fresh, ready-to-eat (RTE), produce have been required to comply with Good Agricultural Practices (GAP), a voluntary program administered by the FDA that aims to continually improve food quality, safety and traceability. In July 2007, we extended our GAP requirements to include all fresh, ready-to-eat produce distributed through our operating companies, regardless of brand or label. In 2014, the Sysco GAP program was further enhanced to include Good Manufacturing Practice (GMP) audits of all packing sheds, cooling facilities and repacking houses which supply fresh produce to our Operating Companies.

In addition to strictly monitoring our growers, we audit our suppliers' processing facilities at least annually. Using the principles of HACCP (Hazard Analysis Critical Control Points), which identifies where hazards might occur in the food production process, establishes stringent actions for preventing the hazards from occurring and monitors overall food safety compliance.



Never Break the Chain.....

Cold Chain Management:



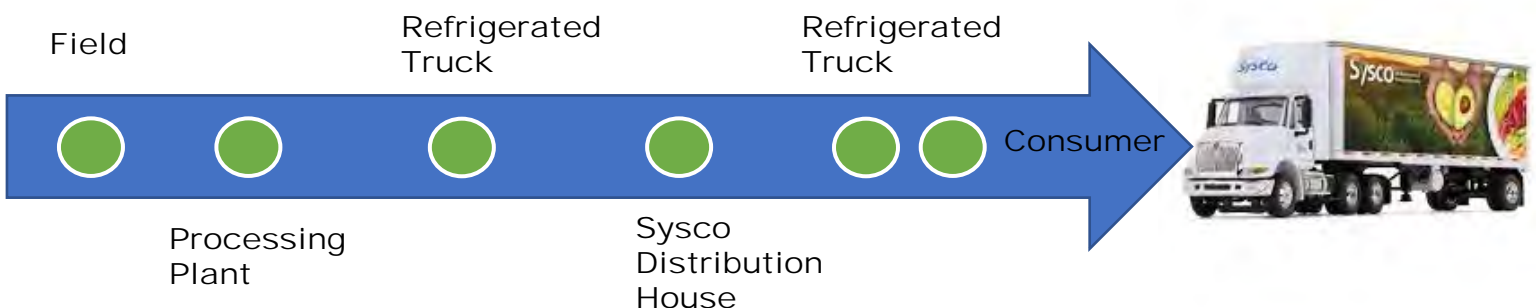
One of the most important aspects of food safety is cold chain management. With this process, Sysco guarantees maximum freshness by constantly monitoring produce temperatures as the product moves from field to fork.

Sysco follows strict cold chain management guidelines that ensure our customers have the freshest and most wholesome product possible by the time it reaches your kitchen. We know that an unmanaged cold chain impacts product performance, durability and can ultimately lead to shrink. That's why we keep all of our produce in the correct temperature zones along their journeys from near and far, guaranteeing that you are getting the best quality produce available with the expected shelf-life you can count on.



Sysco Quality Assurance mandates that our product be picked during specific early morning harvest schedules. This avoids heat elevations of product pulp prior to packing. Once packed, we monitor compliance of appropriate pre-cooling processes and product temperatures at time of loading. The chart below shows the products' path, and the locations where temperature monitoring takes place.

Constant "Cold-Chain" Management



Proper Storage & Handling of Fresh Fruits & Vegetables

32-36 DEGREES IDEAL

Items	Storage	Handling
Apricots	Refrigerated	Ripen at room temperature.
Artichokes	Refrigerated	Excess moisture may cause mold.
Apple*	Refrigerated	Avoid excess movement. Keep cold.
Asparagus	Refrigerated	Stand upright in cold water.
Beets	Refrigerated	Sprinkle lightly during storage.
Belgian Endive	Dry & Refrigerated	Do not expose to light.
Blueberries	Refrigerated	Do not sprinkle during storage.
Broccoli/Cauliflower	Refrigerated	Store only briefly, 4-5 days maximum.
Brussels Sprouts	Refrigerated	Keep storage time short
Cabbage	Refrigerated	Store with wrapper leaves intact
Cantaloupe*	Cool & Dry	Ripen quickly at room temperature (Ideal 36-38.)
Carrots/Celery	Refrigerated	Keep carrots dry. May sprinkle celery lightly
Cherries	Refrigerated	Store away from other foods to prevent odor absorption.
Corn	Refrigerated	Keep storage time short
Endive/Escarole	Refrigerated	To crisp, plunge in cold water.
Grapes	Refrigerated	Highly perishable. Store only briefly.
Green Onions	Refrigerated	Keep away from foods that absorb odors.
Kale	Refrigerated	Top with crushed ice to maintain freshness.
Kiwifruit*	Refrigerated	Long shelf life if stored at 32 degrees.
Leeks	Refrigerated	Sprinkle lightly during storage.
Lettuce	Refrigerated	Wash, trim, and loosely pack in plastic bags.
Mushrooms	Dry & Refrigerated	Keep dry. Use soon after receiving.
Nectarines*	Refrigerated	Ripen at room temperature.
Onions,	Dry & Refrigerated	May store dry onions at 55-65 degrees for short periods of time.
Oranges* (FL)	Refrigerated	Maintain good air circulation.
Parsnips	Refrigerated	Wash and store in plastic bags.
Peas	Refrigerated	Keep snow/snap peas dry; green peas moist
Peaches*/Plums		
/Pears*	Refrigerated	Ripen at room temperature.
Radishes	Refrigerated	Trim, wash, and store in plastic bags.
Raspberries	Refrigerated	Do not sprinkle during storage.
Rhubarb	Refrigerated	Maintain good air circulation.
Romaine	Refrigerated	Store away from ethylene-producing fruits.
Shallots	Dry & Refrigerated	May store shallots at 55-65 degrees for short periods of time.
Spinach	Refrigerated	Top with ice to prevent wilting.
Strawberries	Refrigerated	Use shortly after receiving.
Turnips (Rutabagas)	Refrigerated	Avoid oversized or soft product.

Proper Storage & Handling of Fresh Fruits & Vegetables

45-50 DEGREES IDEAL

Items	Storage	Handling
Avocados*	Cool & Dry	Handle gently. Ripen at room temperature.
Cucumbers	Cool & Dry	Avoid chilling and store briefly.
Eggplant	Cool	Handle with care to prevent internal decay.
Green Beans	Cool & Dry	Cold temperatures may cause russeting.
Oranges* (CA)	Refrigerated	Maintain good air circulation.
Peppers (Sweet)	Cool & Dry	Avoid chilling; store briefly.
Pineapples	Cool & Dry	Handle gently. Will not ripen after harvesting.
Potatoes	Cool & Dry	Avoid chilling and exposure to light.
Shallots	Cool & Dry	Keep dry to prevent mold.
Squash, soft shell	Cool & Dry	Handle gently to avoid bruising (Ideal 50-55)
Tangerines *	Refrigerated	May suffer chill damage below 38 degrees (Ideal 40-44)

*Ethylene-producing items. Keep out of air flow.

55-60 DEGREES IDEAL

Items	Storage	Handling
Bananas	Do not refrigerate	Avoid chilling; handle with care.
Grapefruit*	Cool & Dry	May suffer chill damage below 50 degrees.
Lemons*	Cool & Dry	Maintain good air circulation
Limes*	Cool & Dry	Do not store below 45 degrees (Ideal 48-55).
Mixed Melons	Cool & Dry	50-55 degrees Handle gently. Ripen at room temperature.
Papaya	Cool & Dry	Ripen at room temperature.
Squash, hard shell	Cool & Dry	Long shelf life if stored at proper temps. (Ideal 50-55•)
Sweet Potatoes	Cool & Dry	Keep temperature constant to prevent deterioration or sprouting. (Ideal 58-65•)
Tomatoes*	Do not refrigerate	Highly perishable. NEVER REFRIGERATE.
Watermelon	Cool & Dry	Do not cut until ready to use. Avoid chilling. (Ideal 55-70•)

*Ethylene-producing items. Keep out of air flow.

PRODUCT YIELD & WASTE FACTORS

PRODUCT:	RAW PRODUCT:	AVERAGE YIELD:	AVG FINISHED YIELD:	AVERAGE WASTE:
Beans Green Snipped	25 LBs	80%	20 LBs	20%
Broccoli Florets	20 LBs	35%	7 LBs	65%
Cabbage Green Shredded	50 LBs	70%	35 LBs	30%
Cabbage Red Shredded	45 LBs	70%	32 LBs	30%
Cantaloupe Chunked	35 LBs	43%	15 LBs	57%
Carrot Coin Cut	50 LBs	60%	30 LBs	40%
Carrot Diced	50 LBs	60%	30 LBs	40%
Carrot Julienne	50 LBs	40%	20 LBs	60%
Carrot Matchstick	50 LBs	70%	35 LBs	30%
Carrot Sticks	50 LBs	40%	20 LBs	60%
Carrot Whole Peeled	50 LBs	70%	35 LBs	30%
Cauliflower Florets	28 LBs	40%	11 LBs	60%
Celery Bias/Stew Cut	50 LBs	60%	30 LBs	40%
Celery Crescent Cut	50 LBs	60%	30 LBs	40%
Celery Diced	50 LBs	60%	30 LBs	40%
Celery Stick Full Ream	60 LBs	48%	29 LBs	52%
Celery Stick Half Ream	60 LBs	45%	27 LBs	55%
Cole Salw Diced	50 LBs	75%	38 LBs	25%
Cole Slaw Shredded	50 LBs	75%	38 LBs	25%
Cucumber Sliced	40 LBs	60%	24 LBs	40%
Fruit Mix w/ Grape	28 LBs	40%	11 LBs	60%
Honeydew Chunked	25 LBs	40%	10 LBs	60%
Lettuce 50/50	45 LBs	53%	24 LBs	47%
Lettuce European Salad Mix	36 LBs	55%	20 LBs	45%
Lettuce Garden Salad	45 LBs	55%	25 LBs	45%
Lettuce Iceburg Salad	45 LBs	55%	25 LBs	45%
Lettuce Romaine Salad	36 LBs	50%	18 LBs	50%
Lettuce Shredded	45 LBs	55%	25 LBs	45%
Onion Yellow Whole Peeled	50 tbs	85%	43 LBs	15%
Onion Diced (yellow, red)	50 LBs	85%	43 LBs	15%
Onion Rings (yellow, red)	50 LBs	60%	30 LBs	40%
Onion Sliced (yellow, red)	50 LBs	70%	35LBs	30%
Pepper Diced (green, red, yellow)	22 LBs	60%	13 LBs	40%
Pepper Julienne (green, red, yellow)	22 LBs	60%	13 LBs	40%
Pepper Rings{ green, red, yellow)	22 LBs	30%	7 LBs	70%
Pepper Sliced (green, red, yellow)	22 LBs	60%	13 LBs	40%
Pineapple Golden Chunked	24 LBs	40%	10 LBs	60%
Potato Diced	50 LBs	70%	35LBs	30%
Potato Peeled & Quartered	50 LBs	70%	35 LBs	30%
Potato Redskin Quarters	50 LBs	85%	43 LBs	15%
Radish Matchstick	40 LBs	85%	34 LBs	15%
Radish Sliced	40 LBs	70%	28 LBs	30%
Squash 1/2 Moon (green, yellow)	18 LBs	70%	13 LBs	30%
Squash Coin Cut (green, yellow)	18 LBs	70%	13 LBs	30%
Squash Julienne (green, yellow)	18 LBs	70%	13 LBs	30%
Sunshine Blend	12 LBs	84%	10 LBs	16%
Tomatoes Diced	25 LBs	70%	18 LBs	30%
Tomatoes Sliced	25 LBs	60%	15 LBs	40%
Watermelon Chunked	15 LBs	30%	5 LBs	70%

PRODUCE AVAILABILITY GUIDE

COMMODITY	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apples												
Apricots	imported					domestic						imported
Artichokes		peak							peak			
Asparagus				peak								
Avocados		peak										
Bananas												
Beans					peak							
Blueberries	light availability				peak					light availability		
Broccoli												
Brussels sprouts					light availability						peak	
Cabbage												
Cantaloupe	imported							domestic			imported	
Carrots												
Cauliflower												
Celery												
Cherries												
Corn						peak						
Cranberries												
Cucumbers												
Eggplant												
Garlic												
Grapefruit		Florida						California			Florida	
Grapes	imported							California			imported	
Honeydew	imported							domestic			imported	
Kiwifruit												
Lemons												
Lettuce, iceberg		Yuma					Salinas				Yuma	
Limes												
Melons												
Mushrooms												
Nectarines	imported							California				
Onions, bulb	old crop					new crop					old crop	
Onions, green												
Oranges												
Peaches	imported							domestic			imported	
Pears												
Peppers, bell												
Pineapple												
Potatoes												
Radishes												
Spinach												
Squash												
Strawberries					peak							
Sweet potatoes		peak									peak	
Tomatoes												
Watermelon							peak					

FRESH VEGETABLES

SUPC	DESCRIPTION	PACK / SIZE	BRAND
ASPARAGUS			
6395974	ASPARAGUS FRESH JUMBO	1/11 LB	PACKER
4418752	ASPARAGUS FRESH STANDARD	1/11 LB	PACKER
AVOCADO			
1903137	AVOCADO GREEN FRSH	1/24CT	PACKER
3584773	AVOCADO HASS BRKNG #2 GUAC PAK	1/36-70C	PACKER
8337503	AVOCADO HASS FRSH CHNK PULP PPT	8/2#TRAY	CASAIMP
6297594	AVOCADO HASS FRSH HLV INDW HPP	48/1.5 OZ	CASAIMP
1007343	AVOCADO HASS GREEN FRESH	1/48 CT	PACKER
1249952	AVOCADO HASS RIPE FRESH	1/48 CT	PACKER
BEANS			
1717394	BEAN FRENCH BABY HARICOVERT	3/2 LBS	PACKER
1810910	BEAN GREEN FDSVC TRIMMED FRSH	2/5 LB	IMPFRSH
1007897	BEAN GREEN FRESH	1/24-28#	PACKER
2683206	BEAN GREEN SNIP FRSH	50/2 OZ	PACKER
3163845	BEAN GREEN SNIP W/BABY CARROTS	100/2 OZ	PACKER



BROCCOLI & CAULIFLOWER

FEATURES

- Variety of foodservice cuts.
- Processed under HACCP guidelines with SQF 2000 level 3 certification.
- 100% usable product.
- No additives or preservatives.
- Year-round availability.
- Year-round stable pricing.
- Ready-to-use.

BENEFITS

- Meet customer's needs in different market segments.
- Food safety ensured.
- No waste or disposal costs.
- Provides wider customer base.
- Long-term menu planning.
- Known food costs.
- Dramatically lower prep costs.
- Greater margins.

APPLICATION

- Use blanched in cold salads & wraps.
- Perfect for salad & baked potato bars.
- Toss into stirfrys, pastas and pizza.
- Add to quiche, casseroles & frittatas.
- Broccoli Spears: 1/4 spears & grill; drizzle with balsamic vinegar or Caesar dressing.

YIELD

- 100% Yield
- Mini Size Broccoli Florets, 80 pieces/lb
- Mini Size Cauliflower Florets, 75 pieces/lb
- Gourmet Broccoli Florets, 65 pieces/lb
- Gourmet Cauliflower Florets, 30 pieces/lb

SUPC	DESCRIPTION	PACK/SIZE	BRAND
5821434	BROCCOLI CROWN ASIAN CUT	1/20 LB	PACKER
2704989	BROCCOLI CROWN FRSH ICELS	1/20 LB	IMPFRSH
2648327	BROCCOLI FCY FRSH ICELS	1/14 CT	IMPFRSH
3327016	BROCCOLI FLORET & BABY CARROT	100/2 OZ	PACKER
3243455	BROCCOLI FLORET FRSH	50/2 OZ	PACKER
1675859	BROCCOLI FLORET ICELESS	4/3 LB	IMPFRSH
2634149	BROCCOLI FLORET SNACK PK	100/2OZ	PACKER
8337990	BROCCOLI FLORET 1	2/3 LB	IMPFRSH
1796077	BROCCOLI RABE FRESH	1/20 LB	PACKER
4966935	BROCCOLINI FRESH	3/2 LB	IMPFRSH

HANDLING INFORMATION:

- Refrigerate immediately upon delivery
- Store at 34F
- Keep Dry
- Rotate: First In, First Out

SUPC	DESCRIPTION	PACK / SIZE	BRAND
CABBAGE			
6736243	CABBAGE CHINESE NAPA FRSH	1/35 LB	PACKER
4684987	CABBAGE GREEN DICE 2	4/5#	PACKER
1908367	CABBAGE GREEN FDSVC	1/3 CT	IMPFRSH
9996075	CABBAGE GREEN FINE SHRD W/BAGS	4/5 LB	IMPFRSH
1026277	CABBAGE GREEN FRSH	1/50 LB	PACKER
1675701	CABBAGE GREEN SHRD FRSH W/BAG	4/5 LB	IMPFRSH
8544249	CABBAGE GREEN SHRED FRSH W/BAG	1/5 LB	IMPFRSH
6460216	CABBAGE GREEN WDG FRSH	1/10 LB	PACKER
7150703	CABBAGE NAPA KIMCHI CUT MILD	6/14 OZ	JAYONE
1908375	CABBAGE RED FDSVC	1/3 CT	IMPFRSH
1000504	CABBAGE RED FRSH MED	1/50 LB	PACKER
6517270	CABBAGE RED SHRED 1/8	1/5 LB	IMPFRSH
1817477	CABBAGE SAVOY FRESH	1/50 LB	PACKER
0042251	CABBAGE SHRED KIMCHEE	6/14 OZ	PACKER

CARROT

4147837	CARROT BABY MEDLEY PLD W/TOP	1/5 LB	PACKER
1326980	CARROT BABY PLD	50/2 OZ	PACKER
7680291	CARROT BABY PLD TRI COLOR	1/5 LB	PACKER
6919450	CARROT BABY PLD WH	100/2 OZ	PACKER
8339590	CARROT BABY W/ TOP HND PLD	1/5 LB	PACKER
2029254	CARROT BABY WHOLE PEELED	4/5 LB	PACKER
0076992	CARROT CELLO PK MED	1/5 LB	IMPFRSH
0808238	CARROT COIN CUT FRSH 1/4	2/5 LB	PACKER
7044573	CARROT COIN 1 HALF MOON	2/5 LB	PACKER
4640508	CARROT COIN 3/8	1/5 LB	PACKER
6867485	CARROT DICED FRSH 1/2 IN.	2/5 LB	PACKER
0214874	CARROT DICED FRSH 3/8	2/5 LB	PACKER
8238447	CARROT DICED 1X1	2/5 LB	PACKER
6339840	CARROT DICED 3/8 FRSH	1/5 LB	PACKER
2227007	CARROT FRESH JUMBO	1/25 LB	IMPFRSH
4212050	CARROT FRESH DICE 1/8	2/5LB	PACKER
1167253	CARROT FRESH JUMBO	1/25#	PACKER
3929256	CARROT FRESH RNBOW MIX ORG.	1/25LB	PACKER
4735482	CARROT FRESH RNBOW SNAK PAK	100/2OZ	PACKER
6518013	CARROT FRESH STICK ST 3/8X4	4/5 LB	IMPFRSH
2227015	CARROT JMBO FRESH	1/50 LB	IMPFRSH
7183667	CARROT JULN 3/8 INCH	2/5 LB	PACKER
3457751	CARROT MATCHSTICK FRSH	2/5 LB	PACKER
6517627	CARROT SHRD 1/8	1/5 LB	IMPFRSH
6517999	CARROT SHRD 1/8	4/5 LB	IMPFRSH
1444999	CARROT STK	50/2OZ	PACKER
1427307	CARROT STK FRSH	100/2 OZ	PACKER
4955696	CARROT STK ST 3/8X4 STACK	1/5 LB	IMPFRSH
1635515	CARROT WHL PEELED FRESH	1/20 LB	PACKER



BEETS

7567159	BEET FRESH	1/25LB	PACKER
7641483	BEET FRESH GOLD	1/25 LB	PACKER
3107667	BEET FRESH GOLD 1 DICED	1/5 LB	PACKER
9868084	BEET PICKLED EGGS	1/10 LB	SANRIDG
4858016	BEET RED FR DICE 3/4 X 3/4	1/5LB	PACKER
4424729	BEET RED PLD & COOKED	10/1.1 LB	IMPFRSH
7059786	BEET RED SPIRAL	2/5 LB	PACKER



SUPC	DESCRIPTION	PACK / SIZE	BRAND
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CELERY

2464386	CELERY DICED FRESH 3/8	2/5 LB	PACKER
7995632	CELERY DICED 1/2	1/5 LB	PACKER
6791115	CELERY DICED 1/2 IN FRSH	2/5 LB	PACKER
6523450	CELERY DICED 1/4	1/5 LB	IMPFRSH
6524078	CELERY DICED 1/4	4/5 LB	IMPFRSH
1120625	CELERY FRESH	1/24 CT	IMPFRSH
7029434	CELERY FRESH STK 2 OZ	100/2 OZ	PACKER
8546190	CELERY JULIENNE CUT	2/5 LB	PACKER
7183672	CELERY JULIENNE 3/8 INCH	2/5 LB	PACKER
1908300	CELERY PASCAL FDSVC	1/6 CT	IMPFRSH
5757236	CELERY ROOT PLD & DICED	1/5 LB	PACKER
3489986	CELERY STICK BUFFALO CUT	2/5 LB	IMPFRSH
1675776	CELERY STICK FRESH	4/5 LB	IMPFRSH

SUPC	DESCRIPTION	PACK / SIZE	BRAND
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CORN, CUCUMBER & EGGPLANT

9281213	CORN COB HUSKED FRSH	1/24 CT	PACKER
6915979	CORN COB SWT BICOLOR FRESH	1/48 CT	PACKER
9837451	CUCUMBER DICED EURO 1/2	1/5#	PACKER
3558036	CUCUMBER DICED 1/2 FRSH	2/5 LB	PACKER
3587524	CUCUMBER DICED 1/4 IN FRSH	1/5 LB	PACKER
9582628	CUCUMBER DICED 3/4	1/5 LB	PACKER
4051460	CUCUMBER DICED 3/8 SKIN ON	1/5 LB	PACKER
4507915	CUCUMBER ENGLISH DICED 1/2	1/5 LB	PACKER
1735369	CUCUMBER ENGLISH LONG	1/12CT	IMPFRSH
1735372	CUCUMBER ENGLISH LONG	1/12CT	RELFRSH
2538656	CUCUMBER EUROPEAN DICED 1/4	2/5 LB	PACKER
1472554	CUCUMBER FRESH	1/36CT	PACKER
2036507	CUCUMBER FRESH SELECT	1/10 LB	IMPFRSH
7410640	CUCUMBER FRESH SELECT	1/5 LB	IMPFRSH
1237151	CUCUMBER FRESH SLI	50/2 OZ	PACKER
1235600	CUCUMBER FRESH SLI	100/2 OZ	PACKER
1000314	CUCUMBER SELECT FRESH	1/45-50#	PACKER
4294294	EGGPLANT FRESH	1/18 CT	PACKER
1222389	EGGPLANT WHL FRESH	1/6 CT	IMPFRSH



SUPC	DESCRIPTION	PACK / SIZE	BRAND
GARLIC AND SHALLOTS			
7421870	GARLIC BULB BLACK	1/1#	PACKER
4268516	GARLIC CHOPPED IN OIL OLIVE	6/32 OZ	SYS CLS
4484408	GARLIC CHOPPED IN WATER NAT	6/32 OZ	AREZCLS
7127194	GARLIC CHOPPED IN WATER RSTD	6/32 OZ	AREZCLS
5216223	GARLIC CHOPPED IN WTR	6/32 OZ	PACKER
1048172	GARLIC CLOVE BULK FRESH LARGE	1/5 LB	IMPFRSH
1008135	GARLIC CLOVE JUMBO FRESH	1/30 LB	PACKER
1821537	GARLIC PEELED FRESH JAR	4/5 LB	IMPFRSH
7152312	GARLIC WHL PEELED FRESH	20/1 LB	PACKER
1008580	SHALLOT DRY FRESH	1/5 LB	PACKER
1473206	SHALLOT WHL PEELED FRESH	4/5 LB	PACKER

KALE

7078370	KALE BABY	2/1.5 LB	IMPFRSH
1985274	KALE CLEAN READY TO USE	4/2.5 LB	IMPFRSH
1008143	KALE FRESH	1/24CT	PACKER
1894387	KALE FRESH GRN SHRD 1/8 SEPCLR	4/1.5LB	IMPFRSH
2112035	KALE FRESH ICELS	1/24CT	PACKER
2189835	KALE RED GARNISHING RDY TO USE	2/2.5 LB	IMPFRSH

SUPC	DESCRIPTION	PACK / SIZE	BRAND
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MICRO GREENS & EDIBLE FLOWERS

7197881	GREEN MICRO BULLS BLOOD	12/4 OZ	GOODHLT
7174749	GREEN MICRO MINI CRWN FUSN MX	1/50 CT	FRSHORG
7197786	GREEN MICRO PEA SHOOT	12/4 OZ	GOODHLT
7197788	GREEN MICRO SPECTRUM MIX	12/8 OZ	GOODHLT
7197790	GREEN MICRO SUNFLOWER	12/4 OZ	GOODHLT
7197796	GREEN MICRO SUPERFOOD	12/8 OZ	GOODHLT
7197797	GREEN MICRO SUPERFOOD BULK	4/2.5 LB	GOODHLT
7011560	GREEN MICRO TANGERINE LACE	1/4 OZ	FRSHORG
6757746	FLOWER EDIBLE DIANTHUS FRSH	1/200 CT	PACKER
6653190	FLOWER EDIBLE ORCHID	1/50CT	PACKER
7010379	FLOWER EDIBLE PANSY	1/50 CT	FRSHORG

GREENS

8474538	SPINACH BABY FRSH	1/4 LB	IMPFRSH
1675925	SPINACH CLIPPED FRESH	4/2.5 LB	IMPFRSH
2260149	GREEN COLLARD FRESH	1/12 CT	PACKER
1167295	GREEN COLLARD FRESH	1/24 CT	PACKER
1104199	ESCAROLE FRESH	1/24 CT	PACKER
6402275	ESCAROLE FRESH CHOPPED 1 1/2	4/2.5LB	IMPFRSH



HERBS & SPICES

HARVESTED with minimal stem, guaranteed highest yield. We harvest all of our herbs in a six inch cut in order to provide an almost totally usable produce.

PACKAGED in state of the art breathable bags for extended shelf life. We have developed breathable bags for each herb to allow for the exchange of oxygen and carbon dioxide. Increased concentration of oxygen in packaging leads to fasted decay.

**Keep all herbs (except basil) at 32-36 degrees*

HERB	DESCRIPTION
ARUGULA	Intense peanut and pepper-like flavor. Salads, soups, pasta, eggs, poultry,
BABY DILL	Tangy parsley, citrus, anise and camphor flavors. Salads, slaws, sour cream, cheeses, vegetables, pastas, grains, eggs, seafood.
BASIL	Robust, intense, pungent when uncooked; sweet and mild when cooked. Pestos, tomatoes, salads, vegetables, pasta, eggs, seafood, vinegars, oils. <i>*Keep at 45-50 degrees</i>
CHERVIL	Delicate anise and parsley flavors. Salads, avocados, vegetables, soups, eggs, fish, oysters, poultry.
CHIVES	Onion-like with a hint of garlic. Cheese, potatoes, butters, mayonnaise, sour cream, vinegars, sauces, eggs, stews.
CILANTRO	Robust, citrus, sage and grass. Salsas, cheeses, avocados, curries, shellfish, fish, fowl, lamb, pork, stir fries.
ITALIAN PARSLEY	Faint, peppery taste. Mildly piquant. Salads, dressings, cheese, vegetables, pasta, rice, grains, sauces, soups, stews, poultry, fish.
MINT	Refreshing, sweet menthol flavors. Beverages, salads, vegetables, cold soups, tea, lamb, meats.
OREGANO	Mildly spicy with a hint of mint, clove and pine. Cheeses, tomatoes, beans, pasta, meats.
ROSEMARY	Pungent pine and mint. Breads, marinades, cheeses, oils, potatoes, roast meats, pork, fish, poultry.
SAGE	Strong musk and citrus flavors. Marinades, cheeses, vegetables, legumes, teas, walnuts, stews, meats, poultry.
TARRAGON	Anise and pepper-like flavors. Dressings, vinegars, pickles, eggs, soups, seafood, poultry, meats.
THYME	Sweet and pungent with mint and bay flavors. Grains, vegetables, salads, cheeses, sauces, marinades, soups, seafood.

SUPC	PACK / SIZE	BRAND
BASIL FRESH HERB		
2004513	1/4 OZ	IMPFRSH
BASIL FRESH HERB		
2004547	1/1 LB	IMPFRSH
BASIL FRESH THAI		
7967417	1/1#	PACKER
CHIVE FRESH HERB		
2058840	1/4 OZ	IMPFRSH
CHIVE FRESH HERB		
2058881	1/1 LB	IMPFRSH
CILANTRO BUNCH FRESH		
1981372	1/60 CT	PACKER
CILANTRO BUNCH FRESH		
1008689	1/30 CT	PACKER
CILANTRO CLEAN WASH FRESH HERB		
2219095	4/1 LB	IMPFRSH
CILANTRO FRESH HERB		
2004612	1/4 OZ	IMPFRSH
DILL BABY FRESH HERB		
2005114	1/4 OZ	IMPFRSH

SUPC	PACK / SIZE	BRAND
MINT FRESH HERB		
2037109	1/4 OZ	IMPFRSH
MINT FRESH HERB		
2037125	1/1 LB	IMPFRSH
OREGANO FRESH HERB		
2005312	1/4 OZ	IMPFRSH
OREGANO FRESH HERB		
2005346	1/1 LB	IMPFRSH
PARSLEY CLN/WASH FRESH HERB		
2219111	4/1 LB	IMPFRSH
PARSLEY FRESH		
7410723	1/12 CT	IMPFRSH
PARSLEY ITALIAN BUNCH FRESH		
1299882	1/60 CT	PACKER
PARSLEY ITALIAN CHOPPED FRSH		
6189399	4/1LB	PACKER
PARSLEY ITALIAN FRSH		
6831515	1/6 CT	IMPFRSH
ROSEMARY FRESH HERB		
2004810	1/4 OZ	IMPFRSH

SUPC	PACK / SIZE	BRAND
ROSEMARY FRESH HERB		
2004844	1/1 LB	IMPFRSH
SAGE FRESH HERB		
2004919	1/4 OZ	IMPFRSH
SAGE FRESH HERB		
2004943	1/1 LB	IMPFRSH
TARRAGON FRESH HERB		
2004968	1/4 OZ	IMPFRSH
THYME FRESH HERB		
2005262	1/4 OZ	IMPFRSH
THYME FRESH HERB		
2005296	1/1 LB	IMPFRSH
CELERY ROOT PLD & DICED		
5757236	1/5 LB	PACKER
GINGER PICKLED SUSHI		
8183081	1/5LB TB	PACKER
GINGER ROOT FRESH		
1185545	1/5 LB	IMPFRSH

Sysco | freshpoint™

NATURAL

Hand Selected Produce

SINCE 1983

Sysco Natural Spring Mix

Delicate leaves will be clean, crisp, and free from decay. Spring mix will have two chicory components - frisée and radicchio - that provide a peppery flavor profile. Sweet mix will have no chicory components.

SPRING MIX SALAD WITH SHAVED PARMESAN | Serves 4

INGREDIENTS

- 12 Oz Sys Spring Mix
 - 12 Oz Sys Imp Grape Tomatoes, Halved
 - ½ Sys Imp Cucumber, Slice Thin
 - 4 Intlmp Kalamata Olives
 - 4 Intlmp Green Olives
 - Arrezzo Extra Virgin Olive Oil
 - Arrezzo Balsamic Vinegar
 - ½ Cut Arrezzo Shaved Parmesan Cheese
1. Evenly divide and plate the first 5 ingredients.
 2. Drizzle with olive oil and balsamic vinegar.
 3. Top with shaved parmesan.
 4. Serve immediately.

PREPARATION: Rinse and carefully dry salad blend. Spring and sweet mix are creative sandwich toppers and signature salad bases.

AVAILABILITY: Year round

PORTIONS: Varies upon application

STORAGE AND HANDLING: Refrigerate at 33 - 38 °F (1-3 °C.) Spring and sweet mix are sensitive to, but not producers of, ethylene.

LETTUCE

SUPC	PACK / SIZE	BRAND
LETTUCE BABY TUSCAN 8#		
1312166	1/8 LB	IMPFRSH
LETTUCE BOSTON /BUTTER FRESH		
1008200	1/24 CT	PACKER
LETTUCE BSTN HYDROPONIC		
2717106	1/12 CT	PACKER
LETTUCE FRESH TENDER GREENS		
1132050	1/3 LB	IMPFRSH
LETTUCE FRISEE		
1169119	1/12 CT	PACKER
LETTUCE GREEN LEAF CROWNS		
6640569	1/10 LB	IMPFRSH
LETTUCE GREEN LEAF FDSVC		
1908268	1/6 CT	IMPFRSH
LETTUCE GREEN LEAF FRSH W/LINR		
1723857	1/24 CT	SYFPNAT
LETTUCE GREEN LEAF WSH & TRIM		
7199706	2/5 LB	IMPFRSH
LETTUCE ICEBERG CELLO FRESH		
1492628	1/24 CT	PACKER
LETTUCE ICEBERG PREMIUM PLTIZD		
1908318	1/24 CT	SYFPNAT

SUPC	PACK / SIZE	BRAND
LETTUCE ICEBERG TRIMMED FDSVC		
1906759	1/6 CT	IMPFRSH
LETTUCE LEAF BETTER BRGR		
4966123	2/5 LB	IMPFRSH
LETTUCE RADICCHIO FRESH		
2512853	1/9 CT	PACKER
LETTUCE RED LEAF FRESH		
1008218	1/24 CT	PACKER
LETTUCE ROMAINE ARTISAN		
1091168	1/24 CT	IMPFRSH
LETTUCE ROMAINE CHOPPED FRESH		
2189819	6/2 LB	SYFPNAT
LETTUCE ROMAINE FDSVC		
1919745	1/6 CT	IMPFRSH
LETTUCE ROMAINE FRESH W/LINER		
1723816	1/24 CT	SYFPNAT
LETTUCE ROMAINE HEART		
7330301	12/3 CT	PACKER
LETTUCE ROMAINE HEART		
2678706	1/12 CT	IMPFRSH

SUPC	PACK / SIZE	BRAND
LETTUCE ROMAINE HEART OF FRSH		
2416691	4/12 CT	SYFPNAT
LETTUCE ROMAINE WSH & TRIMMED		
7199680	2/5 LB	IMPFRSH
LETTUCE SAL MIX RED CAB/ROM/CR		
6664346	4/5 LB	IMPFRSH
LETTUCE SAL MIX SEPARATE FRESH		
1675602	4/5 LB	IMPFRSH
LETTUCE SAL MIX SIGNATURE BLND		
1959279	4/2.5 LB	IMPFRSH
LETTUCE SHRED 1/8		
6523880	1/5 LB	IMPFRSH
LETTUCE SHREDDED 1/4 IN FRESH		
1675545	4/5 LB	IMPFRSH
LETTUCE SHREDDED 1/8 FRESH		
1675529	4/5 LB	IMPFRSH
LETTUCE SPRING MIX CONV PLLW		
3629433	1/3 LB	IMPFRSH
LETTUCE SPRING MIX W/HEARTS		
121952	4/2 LB	IMPFRSH
ARUGULA BABY WILD FRSH		
7975374	2/1.5 LB	B&W

MUSHROOMS

MUSHROOM CHARACTERISTICS

WHITE (Agaricus)	The familiar White mushrooms have a smooth round cap and short stem. Their color ranges from pearly white to beige. They have a mild, woody flavor and firm texture when raw, and delicate, earthy flavor and somewhat firmer texture when cooked. Trim the base only if dried or discolored.
CRIMINI	Crimini mushrooms are sometimes referred to as “Italian” or “Brown” mushrooms. They have a similar appearance to the White mushroom and can be handled in the same manner. Their color is naturally darker, ranging from tan to rich brown and they have a deeper, earth-ier flavor and somewhat denser texture than the White variety. <i>NOTE: When Whites and Criminis start to mature, their veils (the thin membrane under the cap) pull away from the caps. This causes them to lose some moisture, but actually gives them a richer flavor.</i>
PORTABELLA	A larger and heartier version of the Crimini mushroom, Portabellas have flat caps with open veils and can grow up to six inches in diameter. They are tan to dark brown in color and have a deep, meaty flavor and chewy texture resulting from their longer growing cycle.
SHITAKE	Sometimes called Oak, Chinese or Black Forest mushrooms, Shiitakes are tan to dark brown in color with umbrella-shaped caps. Thoroughly cook Shiitakes as it brings out their full-bodied, woody flavor and chewy texture. If the stems are woody, trim them before cooking and use them instock.
OYSTER	Also know as “Pleurotus,” Oyster mushrooms come in a variety of colors including beige, yellow, cream and gray. They have fluted caps that resemble an oyster shell or fan. Their texture is very delicate and they require a minimum of cooking. All oyster mushrooms have a similar light, briny flavor. Since they do not store well, they should be used immediately after purchase.
ENOKI	Enoki mushrooms have tiny caps with long thin stems joined at the base. They have a light, mild flavor and delicate slightly crisp texture. To use, trim off the base; the entire stem and cap is edible. Enoki mushrooms are at their best raw.

SUPC PACK / SIZE BRAND

MUSHROOM BUTTON FRESH		
1182229	1/10 LB	IMPFRSH
MUSHROOM CRIMINI SLCD FRESH		
3758828	1/5 LB	IMPFRSH
MUSHROOM CRIMINI UNSZD FRESH		
3758844	1/5 LB	IMPFRSH
MUSHROOM FOODSERVICE #2 FRESH		
1182237	1/10 LB	RELFRSH
MUSHROOM LARGE FRESH		
1182195	1/10LB	IMPFRSH
MUSHROOM LARGE 2 3/8 TRAY PAK		
1395409	1/8 LB	IMPFRSH

SUPC PACK / SIZE BRAND

MUSHROOM MEDIUM FRESH		
1182211	1/10LB	IMPFRSH
MUSHROOM PORT CAP LARGE FRESH		
4868220	1/5 LB	IMPFRSH
MUSHROOM PORT RNDM W/STEM FRSH		
3076965	1/5 LB	IMPFRSH
MUSHROOM PORT SHRED BBQ		
7196266	6/12 OZ	GIORGIO
MUSHROOM PORT SHRED SRIRACHA		
7196270	6/12 OZ	GIORGIO
MUSHROOM SHITAKE MED W/STEM		
3758778	1/3 LB	IMPFRSH

SUPC PACK / SIZE BRAND

MUSHROOM SLCD FDSVC #2 THIN		
7258684	1/10 LB	RELFRSH
MUSHROOM SLCD FRESH		
1864735	1/10 LB	IMPFRSH
MUSHROOM SLCD TUBS FRESH		
6056907	2/5 LB	IMPFRSH
MUSHROOM SLICED BLNCHD TUB		
7796958	6/62 OZ	SCILY
MUSHROOM WILD BLEND UNSZD		
6138929	1/3LB	IMPFRSH

RADISHES

7876345	RADISH DAIKON FRSH	1/20 LB	PACKER
7847429	RADISH DAIKON JULN	4/5LB	PACKER
7183671	RADISH DAIKON JULN 3/8 INCH	2/5 LB	PACKER
6894232	RADISH RED FRSH	1/5 LB	IMPFRSH
3518372	RADISH RED SLI FRSH	50/2 OZ	PACKER
7036169	RADISH RED 1/8 SLICED	1/5 LB	PACKER

WHITE BUTTON MUSHROOM SPECIFICATIONS

PRODUCT CODE	ITEM	SIZE	LBS/CASE	APPROX PCS/LB
1789	3lb. Fancy Medium Corrugated	1.25-1.75"	3 lbs.	35-70
1674	3lb. Fancy Medium Wood	1.25-1.75"	3 lbs.	35-70
1793	3lb. Silver Dollars Wood	1.75-2.25"	3 lbs.	15-25
1735	3lb. Large Corrugated	2.25-2.75"	3 lbs.	10-15
1736	3lb. Large Wood	2.25-2.75"	3 lbs.	10-15
1216	5lb. Medium	1.25-1.75"	5 lbs	25-50
1217	5lb. Large	2.25-2.75"	5 lbs.	10-15
1214	5lb. Food Service	Bedrun	5 lbs.	
1218	5lb. Thick Sliced 1/4"	1-2.25"	5 lbs.	
1738	10lb. Small	0.75-1.25"	10 lbs.	50-90
1739	10lb. Medium	1.25-1.75"	10 lbs.	25-50
1740	10lb. Large	2.25-2.75"	10 lbs.	10-15
1741	10lb. Silver Dollar	1.75-2.25"	10 lbs.	10-25
1745	10lb. Jumbo	2.75-3.5"	10 lbs.	5-15
1742	10lb. Food Service	Bedrun	10 lbs.	
1744	10lb. Sliced Thick 1/4"	1-2.25"	10 lbs.	
1671	10lb. Special Cut Sliced 3/16"	1-2.25"	10 lbs.	
1932	10lb. Thin Sliced 1/8"	1-2.25"	10 lbs.	
1308	2/5lb. Thick Sliced in Tubs 1/4"	1-2.25"	10 lbs.	

EXOTIC MUSHROOM SPECIFICATIONS

PRODUCT CODE	ITEM	SIZE	LBS/CASE	APPROX PCS/LB
1208	3lb. Shiitake #1		3 lbs.	25-30
1210	3lb. Shiitake #2		3 lbs.	25-30
1297	3lb. Shiitake Sliced		3 lbs.	
1209	3lb. Oyster		3 lbs.	
1221	5lb. Crimini	1-2"	5 lbs.	30-60
1289	5lb. Baby Port	2.5-3.5"	5 lbs.	6-8
1220	5lb. Portabella Regular	4-4.5"	5 lbs.	3-6
1282	5lb. Portabella Large	5.5-6"	5 lbs.	2-4
1572	5lb. Portabella Extra Large	6-8"	5 lbs.	2-3
1839	5lb. Portabella Cap	4-4.5"	5 lbs.	3-4
1284	3lb. Port Cap 3.5"	3-3.5"	3 lbs.	5-7
1285	3lb. Port Cap 4.5"	4-4.5"	3 lbs.	3-4

Proper Storage/Preparation



Of course, you want to cook with mushrooms that are fresh and attractive. To help keep them that way, store them between 34-38°F, and keep the humidity between 85-90%. Store them in their shipping container (or some other porous holder, such as a paper bag) until you're ready to use them, and try to keep them away from strong smelling items like onions or garlic, since they tend to absorb the odor. The best way to clean mushrooms is to wipe off the dirt with a soft brush or damp cloth. Avoid washing them with water if you can, as mushrooms readily absorb liquid and lose flavor. However, if they must be rinsed (for volume preparation, for example), do so quickly in cold water and drain them immediately.

Equivalents

3 pounds White (also Crimini) mushrooms
about 3-3/4 quarts sliced (lightly packed)

3 pounds sliced White mushrooms
about 1-1/2 quarts sauteed

3 pounds White mushrooms
about 100 medium sized or 150 small

1 pound trimmed Shiitake mushrooms
about 1-1/2 quarts sliced or chopped

1 pound trimmed Portabella mushrooms
about 1-1/2 quarts coarsely chopped

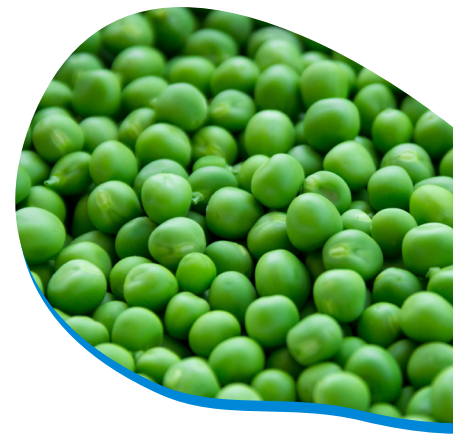
Four 4-inch Portabella mushrooms
(with out stems)
about 10-12 ounces

Four 6-inch Portabella caps
(without stems)
about 1-1/4 to 1-1/2 pounds

1 pound Oysters
about 4-1/2 cups

PEAS

1788795	PEA SNOW	50/2 OZ	PACKER
7073122	PEA SNOW FRESH	50/2 OZ	PACKER
1008382	PEA SNOW FRESH	1/10LB	PACKER
2430272	PEA SNOW POD & GRAPE TOMATO	50/2 OZ	PACKER
3327135	PEA SUGAR SNAP & GRAPE TOMATO	100/2 OZ	PACKER
0356014	PEA SUGAR SNAP FRSH STRINGLESS	4/2 LB	PACKER



SUPC	DESCRIPTION	PACK / SIZE	BRAND
ONIONS			
3829827	ONION DICED 1/2 YEL	2/5 LB	PACKER
3411289	ONION DICED 3/4 FRSH	2/5 LB	PACKER
6820647	ONION DICED 3/8 FRSH	2/5 LB	PACKER
7350788	ONION GREEN ICELS	4/2 LB	IMPFRSH
3341070	ONION RED DICED 3/8	2/5 LB	IMPFRSH
7069983	ONION RED FRSH JULN 1/4	1/5 LB	PACKER
8313967	ONION RED JUMBO BOX	1/25 LB	IMPFRSH
1039494	ONION RED JUMBO CTN	1/5 LB	IMPFRSH
8399925	ONION RED JUMBO CTN	1/10 LB	IMPFRSH
8877748	ONION RED MEDIUM BOX	1/25 LB	IMPFRSH
5583489	ONION RED SLAB 1/8 FRSH	2/5 LB	PACKER
3493558	ONION RED SLI 1/4	2/5 LB	IMPFRSH
1977800	ONION SWEET MAYAN FRSH	1/40 LB	PACKER
8878589	ONION WHITE JUMBO BOX	1/50 LB	IMPFRSH
6467203	ONION YEL WHL SLI 1/4	2/5 LB	IMPFRSH
3390283	ONION YELLOW DICED 1/4	2/5 LB	IMPFRSH
5430202	ONION YELLOW JMBO FRSH CRTN	1/10 LB	IMPFRSH
4922338	ONION YELLOW JULN 1/4	1/5 LB	PACKER
4803262	ONION YELLOW JULN 3/8	2/5 LB	PACKER
1094721	ONION YELLOW JUMBO BAG	1/50 LB	IMPFRSH
3653938	ONION YELLOW JUMBO BOX	1/25 LB	IMPFRSH
6486520	ONION YELLOW SLAB FRSH 1/8	2/5#	PACKER
8877383	ONION YELLOW SPR COLOSSAL BOX	1/50 LB	IMPFRSH
6846554	ONION YELLOW WHL PLD JMBO	1/30 LB	IMPFRSH
FRESH SPROUTS			
3473562	BRUSSEL SPROUT HALVED	2/5 LB	IMPFRSH
4621328	BRUSSEL SPROUT SHAVED	1/5LB	PACKER
4580868	BRUSSEL SPROUT SHAVED FRSH	1/10 LB	PACKER
4510299	BRUSSEL SPROUT WHL	2/5 LB	PACKER
1007939	SPROUT BEAN FRESH	1/10 LB	PACKER



PEPPERS



SUPC	PACK / SIZE	BRAND
PEPPER BANANA HUNGARIAN WAX 8617742	1/20LB	PACKER
PEPPER BELL GREEN DICED 1/2 CU 4553410	2/5 LB	PACKER
PEPPER BELL MIXED 9352584	1/12 CT	IMPFRSH
PEPPER BELL ORG LG FRSH 7798089	1/11 LB	PACKER
PEPPER BELL RED HOTHOUSE #1 1745161	1/11 LB	IMPFRSH
PEPPER BELL YEL HOTHOUSE #1 1745171	1/11 LB	IMPFRSH
PEPPER GREEN BELL DICED 3/8 2581870	2/5#	PACKER
PEPPER GREEN BELL FRSH LG 6902340	1/5 LB	IMPFRSH
PEPPER GREEN BELL LARGE FRESH 1420330	1/22-25#	PACKER
PEPPER GREEN BELL XLARGE FRESH 2261485	1/22-25#	PACKER
PEPPER GREEN DICED FRESH 1460997	2/5 LB	PACKER
PEPPER GREEN DICED 3/4 FRSH 8376976	1/5 LB	PACKER
PEPPER GREEN DICED 3/4 FRSH 3416215	2/5 LB	PACKER
PEPPER GREEN JULN 1/4 FRSH 4053595	2/5 LB	PACKER
PEPPER GREEN STRIP 2428757	50/2 OZ	PACKER

SUPC	PACK / SIZE	BRAND
PEPPER GREEN STRIPS 3327143	100/2 OZ	PACKER
PEPPER RED BELL FRESH 1079250	1/5 LB	IMPFRSH
PEPPER RED DICED 1 6724223	2/5 LB	PACKER
PEPPER RED DICED 1/4 7523152	1/5 #	PACKER
PEPPER RED DICED 3/4 5855762	1/5 LB	PACKER
PEPPER RED DICED 3/4 FRSH 3411936	2/5 LB	PACKER
PEPPER RED FRSH DICED 1/4IN 406098	2/5 LB	PACKER
PEPPER RED FRSH DICED 3/8 406114	2/5 LB	PACKER
PEPPER RED JULN 1/4 8695484	1/5 LB	PACKER
PEPPER RED 1/2 DICED FRSH 5210103	1/5 LB	PACKER
PEPPER RED 3/8 DICE TRAY 7004618	1/5LB	PACKER
PEPPER RED 3/8 DICED FRSH 4837191	1/5 LB	PACKER
PEPPER STRIP TRI COLR FRSH 2917037	50/4 OZ	PACKER
PEPPER STRIP TRI COLR FRSH 1894637	100/2 OZ	PACKER
PEPPER SUNTAN BELL FRESH 5511738	1/22-25#	PACKER

SUPC	PACK / SIZE	BRAND
PEPPER SUNTAN JULN 3/8 7118245	2/5 LB	PACKER
PEPPER SWEET BELL MEDLEY HH 4074573	1/BUSHEL	PACKER
PEPPER SWEET MINI MIX COLR 3086231	12/8OZ	PACKER
PEPPER YELLOW DICED 1/4 FRSH 3621497	1/5 LB	PACKER
PEPPER YELLOW DICED 1/4 TRAY 4364735	2/5 LB	PACKER
PEPPER YELLOW DICED 3/4 2406801	2/5LB	PACKER
PEPPER YELLOW JULN 1/4 2273759	2/5 LB	PACKER
HOT PEPPERS		
PEPPER HABANERO FRSH ORG 4367496	1/8 LB	PACKER
PEPPER HOT FRSH HUNGARIAN 6332142	1/10 LB	PACKER
PEPPER HOT SERRANO 5954585	1/10 LB	PACKER
PEPPER ITALIAN LONG HOT 1669787	1/BUSHEL	PACKER
PEPPER JALAPENO FRESH 9927799	1/10 LB	IMPFRSH
PEPPER POBLANO FRESH 5209622	1/10 LB	IMPFRSH
PEPPER RED BELL CHOICE FRESH 4615704	1/22-25#	PACKER
PEPPER SERRANO FRESH 1049055	1/10 LB	PACKER

POTATOES



SUPC	PACK / SIZE	BRAND
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POTATO #1 PURE GOLD 6-12 OZ 7184862	1/50 LB	IMPFRSH
POTATO BAKING IDAHO 100CT FRSH 1008473	1/50 LB	IMPFRSH
POTATO BAKING IDAHO 120CT FRSH 1008481	1/50 LB	IMPFRSH
POTATO BAKING IDAHO 40CT FRSH 1543164	1/50 LB	IMPFRSH
POTATO BAKING IDAHO 50CT FRSH 1008499	1/50 LB	IMPFRSH
POTATO BAKING IDAHO 60CT FRSH 1008432	1/50 LB	IMPFRSH
POTATO BAKING IDAHO 70CTFRSH 1008507	1/50 LB	IMPFRSH
POTATO BAKING IDAHO 80CT FRSH 1008515	1/50 LB	IMPFRSH
POTATO BAKING IDAHO 90CT FRSH 1008465	1/50 LB	IMPFRSH
POTATO CHEF SPECIAL FRYING 4800252	1/50 LB	PACKER
POTATO CKD MASH REDSKIN TRDTNL 3010032	4/6LB	SYS CLS
POTATO CKD MASHED REDSKIN GRCL 3010024	4/6LB	SYS CLS
POTATO CKD MASHED RSST TRDTNL 3009929	4/6LB	SYS CLS
POTATO CKD MASHED YELLOW DELUX 3009998	4/6LB	SYS CLS
POTATO CKD RED SKON WDG 8 CUT 3009893	2/10 LB	SYS CLS
POTATO DICED CKD RED SKON 3094962	2/10LB	SYS CLS

SUPC	PACK / SIZE	BRAND
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POTATO DICED CKD RSST SKLS MED 3009406	2/10LB	SYS CLS
POTATO DICED CKD RSST SKLS SMA 3009395	2/10LB	SYS CLS
POTATO DICED FRSH 1/2IN 70%CKD 1535384	2/10LB	RESERS
POTATO DICED 7/8IN FRESH 3918125	2/10LB	RESERS
POTATO FINGERLING WHT 1680451	1/10LB	IMPFRSH
POTATO FRESH FINGERLING MIXED 0374813	1/10 LB	IMPFRSH
POTATO H/BRN CKD SKLS REG CUT 3009428	2/10LB	SYS CLS
POTATO IDAHO #2 6OZ MIN CTN 3983194	1/50 LB	RELFRSH
POTATO MASHED SWEET 2039675	4/6 LB	NO STAR
POTATO MIX MARBLE 0032524	1/10 LB	PACKER
POTATO RED A SZ #1 FRSH 8481756	1/50 LB	IMPFRSH
POTATO RED B SZ #1 FRSH 8485013	1/50 LB	IMPFRSH
POTATO RED CREAMER FRESH 1858224	1/50 LB	PACKER
POTATO SLI CKD RSST SKLS 1/8 3009697	2/10LB	SYS CLS
POTATO SWEET DICE 1/2 0258695	4/5 LB.	PACKER
POTATO SWEET DICE 1/4 INCH 7109189	2/5 LB	PACKER

SUPC	PACK / SIZE	BRAND
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POTATO SWEET DICED FRSH 3/4 0605604	2/5 LB	PACKER
POTATO SWEET DICED 1 5845252	2/5LB	PACKER
POTATO SWEET DICED 1.5 4817335	2/5 LB	PACKER
POTATO SWEET JUMBO 7152564	1/40 LB	RELFRSH
POTATO SWEET PURPLE 3109907	1/40LB	PACKER
POTATO SWEET WH PLD FRSH 6734172	1/20 LB	PACKER
POTATO SWEET 2 DICED 4257921	1/10 LB	PACKER
POTATO SWEET 45CT FRESH 7150758	1/40 LB	IMPFRSH
POTATO SWEET 75CT FRESH 7153836	1/40 LB	IMPFRSH
POTATO WHITE B SZ #1 FRSH 9903378	1/50 LB	IMPFRSH
POTATO WHITE CHEF FRESH 1313154	1/50 LB	PACKER
POTATO WHITE SZ B W/SALT PAC 1816859	10/5 LB	PACKER
POTATO WHL PLD FRESH 1312560	1/30LB	PACKER
POTATO WHL PLD FRESH 1849611	2/25 LB	PACKER
POTATO WHL PLD SZ B FRESH 1224666	1/30 LB	PACKER
POTATO YELLOW YUKON GLD FRSH 1450204	1/50 LB	PACKER
POTATO YUKON GOLD PLD 5319439	1/20 LB	PACKER

SQUASH

SUPC	PACK / SIZE	BRAND
SQUASH ACORN FRESH 6526883	1/30-35#	PACKER
SQUASH ACORN FRSH 1 CHUNK 7137157	2/5 LB	PACKER
SQUASH BUTTERNUT CHUNK 2.5 1045945	4/5 LB	PACKER
SQUASH BUTTERNUT CUT 1/4X1/4 5667018	1/5 LBS	PACKER
SQUASH BUTTERNUT DICE 3/8 5920293	1/5#	PACKER
SQUASH BUTTERNUT DICED 1 FRSH 4629374	2/5 LB	PACKER
SQUASH BUTTERNUT DICED 1.5 4816806	2/5 LB	PACKER
SQUASH BUTTERNUT DICED 1/2 FS 8367371	2/5 LB	PACKER
SQUASH BUTTERNUT DICED 3/4 4900256	2/5LB	PACKER
SQUASH BUTTERNUT FRESH 1283662	1/30-35#	PACKER
SQUASH BUTTERNUT PEELED FRESH 1313238	1/20 LB	PACKER
SQUASH BUTTERNUT SPIRAL 7059707	2/5 LB	PACKER
SQUASH SPAGHETTI FRESH 1221126	1/30-35#	PACKER
SQUASH YEL S/N SMALL FCY FRESH 1008606	1/18-24#	PACKER

SUPC	PACK / SIZE	BRAND
SQUASH YEL SLI 1/2 IN-1/2 MOON 4494183	1/5 LB	PACKER
SQUASH YELLOW DICED 1/2" 7005158	1/5 LB.	PACKER
SQUASH YELLOW DICED 1/4 CASTA 2433961	1/5LB	PACKER
SQUASH YELLOW DICED 3/8 7703788	1/5 #	PACKER
SQUASH YELLOW FCY FRSH 6902399	1/5 LB	IMPFRSH
SQUASH YELLOW HALF MOON SLICED 9890658	2/5LB	PACKER
SQUASH YELLOW JULI 1/4X2 7776081	1/5LB	PACKER
SQUASH YELLOW JULN 1/2 7123771	1/5 LB	PACKER
SQUASH YELLOW SPIRAL 7059711	2/5 LB	PACKER
SQUASH YELLOW ZUC HALF MOON 8193716	2/5 LB	PACKER
SQUASH YELLOW 1/4 DICED 1561036	2/5 LB	PACKER
SQUASH YELLOW 3/8 SLI FRSH 1618812	2/5 LB	PACKER
SQUASH ZUCC DICED 1/2 TRAY PK 7039003	2/5LB	PACKER
SQUASH ZUCC DICED 1/2 TRAY PK 4071025	1/5LB	PACKER

SUPC	PACK / SIZE	BRAND
SQUASH ZUCC SLI 1/2IN 1/2 MOON 4493029	1/5 LB	PACKER
SQUASH ZUCCHINI DICED FRSH 1/4 7007680	1/5 LB	PACKER
SQUASH ZUCCHINI DICED 1 2174662	2/5 LB	PACKER
SQUASH ZUCCHINI DICED 1/4 CAS 2434829	1/5LB	PACKER
SQUASH ZUCCHINI DICED 3/4 3414990	2/5 LB	PACKER
SQUASH ZUCCHINI DICED 3/4 IN 542391	1/5 LB	PACKER
SQUASH ZUCCHINI FCY FRESH 1268960	1/5#	IMPFRSH
SQUASH ZUCCHINI FCY FRESH 1048453	1/10 LB	IMPFRSH
SQUASH ZUCCHINI HALF MOON FRSH 3415052	2/5 LB	PACKER
SQUASH ZUCCHINI JULN 6687446	1/5LB	PACKER
SQUASH ZUCCHINI SLI FRSH 3414723	2/5 LB	PACKER
SQUASH ZUCCHINI SLI MOON 1/2 1632500	1/5LB	PACKER
SQUASH ZUCCHINI SMALL FCY FRSH 2036598	1/18-24#	PACKER
SQUASH ZUCCHINI SPIRAL 7059712	2/5 LB	PACKER
ZUCCHINI SLI 3/8 4351979	1/5LB	PACKER



TOMATOES

THE SYSCO PROMISE consistent size, consistently fresh, great cost control. Fresh from the fields, our tomatoes are grown and picked in a variety of colors and sizes. From here, tomatoes are sorted and selected for consistency in color, size and firmness, and repacked fresh daily to meet user specifications.



SUPC	DESCRIPTION	PACK/SIZE	BRAND
1099589	TOMATO BULK FRSH	1/5 LB	IMPFRSH
4935623	TOMATO BULK UTILITY FRESH	1/25 LB	RELFRRSH
1763432	TOMATO BULK 5X6 FRESH	1/25 LB	IMPFRSH
1763440	TOMATO BULK 6X6 FRESH	1/25 LB	IMPFRSH
3190366	TOMATO CHERRY	100/2 OZ	PACKER
2203024	TOMATO CHERRY FRESH	12/1 PT	IMPFRSH
2003874	TOMATO CHERRY FRSH	50/2 OZ	PACKER
8949042	TOMATO DICED 3/8 FRESH	2/2.5 LB	IMPFRSH
1221191	TOMATO FRESH HEIRLOOM	1/10 LB	PACKER
3342965	TOMATO FRESH MIXED MEDLEY	1/10 LB	IMPFRSH
0820797	TOMATO GRAPE	50/2 OZ	PACKER
6017263	TOMATO GRAPE FRSH	12/1 PT	IMPFRSH
2453637	TOMATO HOT HOUSE FRESH	1/15 LB	PACKER
6947360	TOMATO HOT HOUSE ON VINE	1/11 LB	PACKER
4041091	TOMATO ROMA	1/10 LB	IMPFRSH
6894125	TOMATO ROMA FRSH	1/25 LB	IMPFRSH
6933147	TOMATO SLICED FRSH	2/5.5LBS	PACKER
5889738	TOMATO SUNDRIED JULIENNE	1/5 LB	AREZIMP
3459912	TOMATO SUNDRIED JULN STRIP	2/2.5 LB	TRAINA
1008648	TOMATO 2 LAYER FRESH 4X5	1/40 CT	IMPFRSH

TOMATO VARIETIES

CHERRY & GRAPE

Cherry and grape varieties offer sweet bursts of flavor in bite-sized packages.

ROMA

Oval-shaped Romas are fleshier and contain less water, resulting in thicker, richer sauces, beefsteaks

BEEFSTEAKS

The big daddy of the tomato kingdom, being the sturdiest, meatiest tomato on the block.

HEIRLOOM

Unique varieties that are often passed down through several generations, heirlooms vary in appearance depending on original cultivation.

TOMATO RIPENING GUIDE

COLOR	DESCRIPTION
1 GREEN	The surface is completely green in color. The shade of green may vary from light to dark.
2 BREAKER	There is a definite "break" in color from green to tarnish-yellow, pink or red on less than 10% of the surface
3 TURNING	10% to 30% of the surface shows a change in color from green to tarnish-yellow, pink, red or a combination thereof.
4 PINK	30-60% of the surface shows pink or red in color
5 LIGHT RED	60-90% of the surface shows pinkish-red or red
6 RED	More than 90% of the surface is red

—Imperial—
FRESH™
Hand Selected Produce
— SINCE 1983 —

TOMATOES

Unmatched by any other brand, Sysco Imperial Fresh Tomatoes are packed under the strictest food safety standards and graded to a higher standard than the average tomato repack. Our layer packs are packed by count not weight which allows for better portion control, better yield, and a consistent look all year long.

USDA requirements at destination

15% total defects including a maximum of:

- 5% soft or decayed
- 10% shoulder bruises, discolored or sunken scars
- 10% other
- Not more than 5% very serious other than soft or decayed

Industry Standards

- USDA #1 or lower
- Unstructured sizing, color, or weight standards
- Limited or no QA staff available for auditing or product evaluation
- Limited or no requirements for HACCP plans, recall procedures, or verification of Good Agricultural Practices
- Limited or no written quality specifications
- Unable to trace product back to the source



Sysco brand is the industry quality leader, backed by a superior Quality Assurance Program.

- Rigid certification process to Pack SYSCO Brand
- 3rd party certified supplier partners
- HACCP, Recall, Good Agricultural Practices, and Food Safety Program implemented and documented.
- Food security
- Rigorous quality specifications exceed USDA #1
- Tomatoes are double sorted for quality and washed in a sanitization bath prior to packing
- Consistent color, size and weight

VEGGIE BLENDS, SALAD MIXES, SALSA, HUMMUS, TOFU & GUACAMOLE

SUPC	PACK / SIZE	BRAND
VEGETABLE BLEND HRVST		
5505134	2/5 LB	PACKER
VEGETABLE BLEND MIREPOIX		
7040924	1/5 LB	PACKER
VEGETABLE BLEND PRMVRA FRSH		
3615457	2/5 LB	PACKER
VEGETABLE BLEND SUMMER FRSH		
3615473	2/5 LB	PACKER
VEGETABLE MEDLEY PREMIUM		
5898990	2/5 LB	PACKER
VEGETABLE MIX CRUDITE TINY VEG		
3631593	1/50 CT	FRSHORG
VEGETABLE MIX SLAW POWER BLEND		
4966146	4/2 LB	IMPFRSH
FRUIT SALAD DELUXE		
4279188	1/8 LB	SUNRICH
FRUIT SALAD EASTERN HRVST		
5826070	1/24 LB	SUNRICH
FRUIT SALAD RIO CITRUS		
2921450	1/8 LB	SUNRICH
LETTUCE SAL MIX RED CAB/ROM/CR		
6664346	4/5 LB	IMPFRSH
LETTUCE SAL MIX SEPARATE FRESH		
1675602	4/5 LB	IMPFRSH
LETTUCE SAL MIX SIGNATURE BLND		
1959279	4/2.5 LB	IMPFRSH
SALAD BEET AND ONION ALL NAT		
1965148	2/5 LB	BSTNSLD
SALAD CHICKEN ALL WHT		
704569	2/5 LB	SANRIDG
SALAD CHICKEN ALL WHT		
3287392	1/5LB	BSTNSLD
SALAD CHICKEN CRNBRY & WLNT		
7727082	2/5 LB	BSTNSLD
SALAD COLESLAW DLX		
1216795	1/9#	BBRLCLS

SUPC	PACK / SIZE	BRAND
SALAD COLESLAW GRANDMA		
2591915	2/10 LB	MELCHS
SALAD EGG		
242198	2/5 LB	SANRIDG
SALAD EGG DELUXE		
7106462	1/5 LB	BSTNSLD
SALAD GREEK FETA VILLAGE		
2257814	2/5 LB	SANRIDG
SALAD HAM		
1239094	2/5#	SNDRDGE
SALAD MACARONI		
1149939	1/10#	BBRLCLS
SALAD MACARONI ELBOW		
1935196	2/10 LB	MELCHS
SALAD MACARONI ELBOW		
7727268	2/5 LB	BSTNSLD
SALAD PASTA BOWTIE ZINFANDEL		
4217853	2/5 LB	BSTNSLD
SALAD PASTA ROTELLI		
1218759	1/10#	SYS CLS
SALAD POTATO		
7727254	2/5 LB	BSTNSLD
SALAD POTATO & EGG ALL NAT		
2778641	2/5 LB	BSTNSLD
SALAD POTATO BKD		
1149830	2/5#	SANRIDG
SALAD POTATO HOMESTYLE		
1930551	3/8 LB	SYS CLS
SALAD POTATO RED-SK DLX		
6537187	2/5LB	SYS IMP
SALAD POTATO TRDTNL		
1136951	1/10#	BBRLCLS
SALAD POTATO W/EGG GRANDMA		
2069870	2/10 LB	MELCHS
SALAD SEAFOOD		
1339318	2/5 LB	BSTNSLD

SUPC	PACK / SIZE	BRAND
SALAD TUNA		
7106457	1/5 LB	BSTNSLD
SALAD TUNA		
2257780	2/5 LB	SANRIDG

SALSA AND HUMMUS

SALSA FRESH MRGRTA		
5901871	2/5LB	CASAIMP
SALSA PICO DE GALLO		
7068755	2/5 LB	IMPFRSH
DIP HUMMUS		
3503927	2/4LB	KRONOS
DIP HUMMUS RSTD RED PPR		
5148747	2/4LB	GRK SPC
SPREAD HUMMUS		
3855044	6/5 LB	SABRA
SPREAD HUMMUS CLS GRAB N GO		
1147919	48/2OZ	SABRA
SPREAD HUMMUS CLS W/PRETZELS		
5756038	12/4.56OZ	SABRA
SPREAD HUMMUS RED PEPR W/PRETZ		
5756040	12/4.56OZ	SABRA
SPREAD HUMMUS RST GRCL W/PRETZ		
5756060	12/4.56OZ	SABRA
TOFU EXTRA FIRM WTR PK NON-GMO		
9907433	12/16 OZ	SMPLYPB
TOFU ORGANIC BULK		
6723201	4/4 LB	SOYBOY
TEMPEH SOY ORGANIC		
6322821	12/8 OZ	SOYBOY
GUACAMOLE		
GUACAMOLE PLAIN BLEND HPP FRZ		
2754226	6/3LB	CASASOL
GUACAMOLE PLAIN BLEND HPP FRZN		
2754218	12/1LB	CASASOL
GUACAMOLE SOUTHWESTERN HPP FRZ		
1627256	6/3 LB	CASASOL
GUACAMOLE FRESH ORIG BLEND HPP		
9420530	4/2 LB	CASASOL

FRESH FRUIT

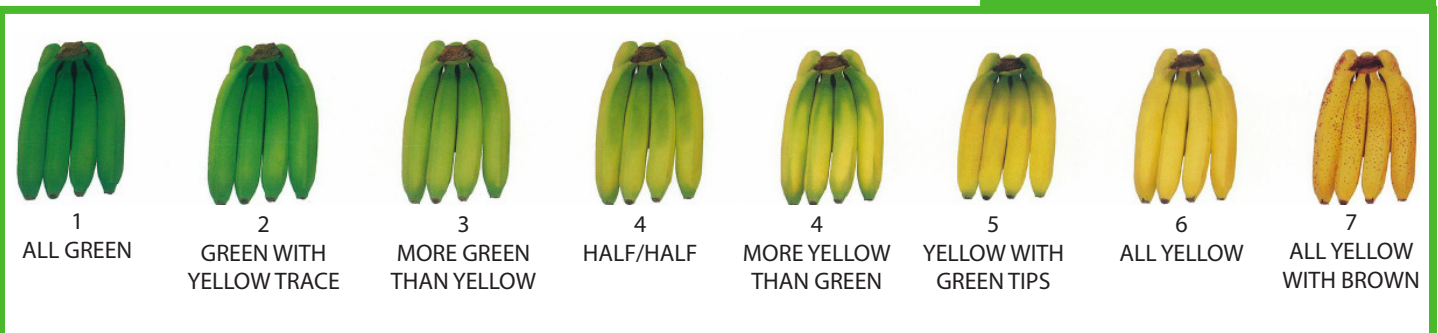


SUPC	DESCRIPTION	PACK / SIZE	BRAND
APPLES			
8724882	APPLE ASST TRI-COLOR	1/12 CT	PACKER
2272060	APPLE EMPIRE FRESH	1/125 CT	PACKER
7705324	APPLE EMPIRE FRSH LOCAL	1/40 LB	PRIDENY
7967769	APPLE FRESH HONEYCRISP XFCY	1/88CT	PACKER
8205072	APPLE FRESH SLI	100/2 OZ	PACKER
7464019	APPLE FUJI FANCY FRESH	1/88 CT	PACKER
2503696	APPLE GLDN DEL FRSH	1/12 CT	IMPFRSH
8924854	APPLE GRANNY SMITH FANCY FRESH	1/88 CT	RELFRRSH
2795896	APPLE GRANNY SMITH FRSH	1/12 CT	IMPFRSH
8925786	APPLE GRANNY SMITH XFANCY FRSH	1/100 CT	IMPFRSH
5351307	APPLE PINK LADY CRISP	1/88 CT	PACKER
1268564	APPLE RED DEL FANCY FRESH	1/138 CT	RELFRRSH
1268572	APPLE RED DEL FANCY FRESH	1/125 CT	RELFRRSH
7410608	APPLE RED DEL FCY FRSH	1/12 CT	IMPFRSH
1268531	APPLE RED DEL X-FANCY FRESH	1/88 CT	SYS IMP
1834540	APPLE RED FRSH TRAY LOCAL	1/125 CT	PRIDENY
3079297	APPLE RED WDG	50/2OZ.	PACKER
1482450	APPLE SLICE MIXED DRY PK	24/2 OZ	SUNRICH
8311813	APPLE SLICE RED FRSH	4/3 LB	SUNRICH
5139902	APPLE SLICE UNPEELED FRESH	4/3 LB	PACKER
APPLE CIDER			
8906425	CIDER APPLE FRSH LOCAL	4/1 GAL	PRIDENY
4796763	CIDER SPRKLG APPLE MARTINELLI	12/8.4FOZ	MRTNELI

BANANAS

SUPC	DESCRIPTION	PACK / SIZE	BRAND
1254440	BANANA FRESH GREEN	1/40 LB	PACKER
1390954	BANANA FRESH PETITE RIPE	1/150 CT	PACKER
8003667	BANANA FRESH RIPE/READY	1/10 LB	PACKER
1390947	BANANA FRESH RIPE/READY	1/40 LB	PACKER
1280221	BANANA GRN FRESH	1/10#	PACKER
1007384	BANANA PETITE GRN TURN YL FSH	1/150 CT	PACKER

BANANA RIPENING CHART



SUPC	DESCRIPTION	PACK / SIZE	BRAND
BERRIES			
1007871	BLACKBERRY FRESH	12/5 PT	PACKER
1182336	RASPBERRY RED FRESH	12/5 PT	PACKER
2036481	BLUEBERRY FRESH	12/5 PT	PACKER
3188358	BLUEBERRY FRESH	100/2 OZ	PACKER
1456801	BLUEBERRY FRESH	50/2 OZ	PACKER
6235501	STRAWBERRY FRESH	8/1 LB	PACKER
1444928	STRAWBERRY FRESH	50/2OZ	PACKER

CANTALOUPE

1888510	MELON CANTALOUPE CHUNK REF	1/8 LB	SUNRICH
2537728	MELON CANTALOUPE CHUNK 1 IN	1/24 LB	SUNRICH
3538756	MELON CANTALOUPE CUBED 1 1/2	2/5 LB	PACKER
1164375	MELON CANTALOUPE FRESH	1/6 CT	IMPFRSH
1623131	MELON CANTALOUPE FRESH	1/12-15	PACKER
1093311	MELON CANTALOUPE SPEARS FRSH	100/2 OZ	PACKER
1245457	MELON CANTALOUPE SPEARS FRSH	50/2 OZ	PACKER
1237184	GRAPEFRUIT FRESH WEDGES	50/2 OZ	PACKER



GRAPES

4270645	GRAPE BLACK FRSH	100/2 OZ	PACKER
0669208	GRAPE GREEN SEEDLS LG	1/CTN	PACKER
0709826	GRAPE RED FRSH	100/2 OZ	PACKER
0345047	GRAPE RED PRTN PK	50/2OZ	PACKER
2463164	GRAPE RED SDLS FRESH	1/4 LB	IMPFRSH
0668873	GRAPE RED SEEDLS LG	1/CTN	PACKER
0669057	GRAPE RED SEEDLS MED	1/CTN	PACKER

HONEYDEW

2584712	MELON HONEYDEW CHUNK FRESH	1/24 LB	SUNRICH
1457658	MELON HONEYDEW CHUNKS	50/2 OZ	PACKER
3538786	MELON HONEYDEW CUBED 1 1/2	2/5 LB	PACKER
6908156	MELON HONEYDEW FRSH	1/3 CT	IMPFRSH
1354135	MELON HONEYDEW FRSH	1/5-6CT	PACKER
4566495	MELON HONEYDEW SPEARS BS	100/2 OZ	PACKER
1093648	MELON HONEYDEW SPEARS FRSH	100/2 OZ	PACKER

GRAPEFRUIT

1235419	GRAPEFRUIT FRESH WEDGES	100/2 OZ	PACKER
1007509	GRAPEFRUIT RUBY RED FRESH	1/40 CT	PACKER

CITRUS

LEMON

SUPC	DESCRIPTION	PACK / SIZE	BRAND
2252039	LEMON CHOICE FRESH	1/140 CT	RELFRRSH
2252088	LEMON CHOICE FRESH	1/235 CT	RELFRRSH
2252138	LEMON CHOICE FRESH	1/95 CT	RELFRRSH
8412876	LEMON FRESH	1/24 CT	IMPFRSH
7412596	LEMON FRESH	1/12 CT	IMPFRSH
9087651	LEMON FRESH SLI	2/5 LB.	PACKER
2300406	LEMON FRESH SLI 1/4 W/SKIN	1/5LB	PACKER
3907882	LEMON FRESH WEDGES 6 CUT	1/5 LB	PACKER
4933921	LEMON WHEEL SLI 1/4	1/5#	PACKER

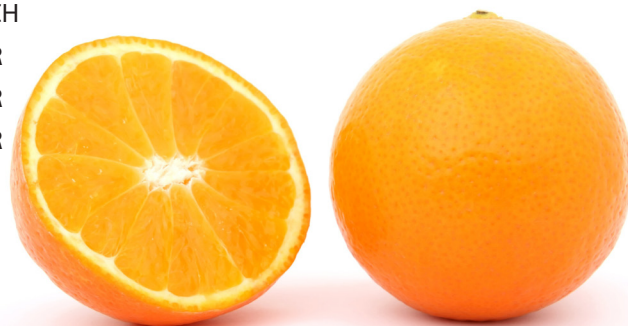


LIMES

SUPC	DESCRIPTION	PACK / SIZE	BRAND
1079425	LIME FRESH	1/48 CT	PACKER
7412570	LIME FRESH	1/12 CT	IMPFRSH
2286781	LIME FRESH WEDGES EIGHT CUT 5#	1/5LB	PACKER
1048313	LIME FRESH 200CT	1/40 LB	PACKER

ORANGES

SUPC	DESCRIPTION	PACK / SIZE	BRAND
1342856	ORANGE BLOOD FRESH	1/20 LB	PACKER
7651926	ORANGE CHOICE FRESH	1/113 CT	RELFRRSH
7651967	ORANGE CHOICE FRESH	1/138 CT	RELFRRSH
7651910	ORANGE FANCY FRESH	1/88 CT	IMPFRSH
1762749	ORANGE FCY FRESH	1/113 CT	PACKER
3880077	ORANGE FRESH	1/5 LB	IMPFRSH
7412604	ORANGE FRESH	1/12 CT	IMPFRSH
3189596	ORANGE FRESH BLOOD SLI	100/2 OZ	PACKER
2921815	ORANGE SECTION	1/8 LB	SUNRICH
3332703	ORANGE WEDGE CARA CARA SKIN ON	100/2 OZ	PACKER
1236015	ORANGE WEDGE SKIN ON FRSH	100/2 OZ	PACKER
1245723	ORANGE WEDGE SKIN ON FRSH	50/2 OZ	PACKER



SUPC	DESCRIPTION	PACK / SIZE	BRAND
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PARSNIP

9908500	PARSNIP DICED 1	1/5LB	PACKER
8231419	PARSNIP DICED 1X1	2/5 LB	PACKER
2297265	PARSNIP FRESH	1/20 LB	PACKER

PEAR

3767704	PEAR ANJOU RED FRSH	1/22 LB	PACKER
9376765	PEAR FRESH	1/CASE	PACKER
4292025	PEAR FRESH	1/12 CT	IMPFRSH

PINEAPPLE & TROPICAL FRUIT

2921682	PINEAPPLE CHUNK	1/8 LB	SUNRICH
1456860	PINEAPPLE CHUNK	50/2 OZ	PACKER
3974987	PINEAPPLE CHUNK	1/24LB	PACKER
5198791	PINEAPPLE FRESH	1/3 CT	IMPFRSH
7413057	PINEAPPLE FRESH GOLDEN RIPE	1/6 CT	PACKER
1236056	PINEAPPLE FRESH SPEARS	100/2 OZ	PACKER
7912223	PINEAPPLE GOLDEN CHUNK 1 1/2	1/5#	PACKER
4945679	PINEAPPLE GOLDEN SPEARS LT SYR	1/24 LB	PACKER
1290469	KIWI FRUIT FCY FRESH	1/39 CT	PACKER
3378199	KIWI FRUIT FRSH WDG SKIN ON	50/2 OZ	PACKER
3249478	KIWI FRUIT FRSH WDG SKIN ON	100/2 OZ	PACKER
2030393	MANGO FRESH	1/10 LB	PACKER
1424447	MANGO FRESH CHUNKS	100/2 OZ	PACKER

WATERMELON

3479252	MELON WATERMELON CHK	50/2 OZ	PACKER
3190990	MELON WATERMELON CHUNK	100/2 OZ	PACKER
3855251	MELON WATERMELON SDLS FRSH	1/2 CT	IMPFRSH
9173196	MELON WATERMELON SDLS FRSH	1/4-5 CT	PACKER



PUMPKIN, RUTABAGA, & TURNIP

3238265	PUMPKIN FRESH LG	1/18/22#	PACKER
4770710	RUTABAGA DICED PLD 1	2/5 LB	PACKER
7003631	RUTABAGA DICED PLD 1"	1/5 LB	PACKER
7183665	RUTABAGA FRESH JULN 3/8 INCH	2/5 LB	PACKER
1149483	TURNIP DICED 1	1/5 LB	PACKER
4656015	TURNIP DICED 1 PURPLE TOP	2/5LB	PACKER

Juices

The foundation of juice quality is freshness, and nothing is fresher than Sysco Natural juices. Our juices contain no preservatives, concentrates, or additives resulting in beverages that are 100% all natural and taste like it too. All of our natural juices have a 40 day shelf life in the refrigerator, and can be kept frozen for up to 18 months!

Our juices are gently pasteurized for food safety, assuring that all the natural flavors remain.

Think outside the box and use juices for more than just drinks. Our fresh-squeezed juices can be used in appetizers, entrées, desserts and more. Sysco can work with you to create a beverage program that utilizes the supreme quality of our fresh juices and maximizes your yield.



THE SQUEEZE: CITRUS YIELD COMPARISON

FRUIT	FLUID OZ. PER FRUIT	# REQ. TO YIELD 12 FL. OZ.	# REQ. TO YIELD 128 FL. OZ. (1 GAL)
LEMON	1.54	8.8	84.1
LIME	1.42	9.4	90.1
ORANGE	2.77	4.3	46.1

SUPC PACK/SIZE
3865896 • 4 /1GLN ULTRA
 PREMIUM ORANGE JUICE

3865649 • 6 /QTS
 FRESH PAST. LEMON JUICE

3865730 • 6 /QTS FRESH PAST.
 LIME JUICE

3865292 • 4/1GLN
 FRESH LEMONADE (SEASONAL)

DELI SALAD RECIPES

LOADED COLE SLAW BURGER

All beef burger topped with avocado, tomato, and Boston Salads' All Natural Cole Slaw.



Item Code Information: Cole Slaw
Pack size. Order size. UPC
2/5 Order code: 7727237 UPC: 6 11140 25315 9

Serves 1

- 1-6 OZ beef hamburger
- 1 large sesame bun
- ½ avocado, sliced
- 1 tomato, chopped
- ½ cup Boston Salads' All Natural Cole Slaw

DIRECTIONS:

- Grill burger over medium heat to desired finish, medium well done recommended.
- Cut open avocado and slice.
- Chop tomato as desired.
- Place bun over grill for 1 minute each side to warm and grill.
- Assemble burger and add cole slaw, serve.

ANTIPASTO PLATTER

Boston Salads' Antipasto Salad served with a variety of meats, cheeses, and peppers.

Serves 2

- 1 cup Boston Salads' Antipasto Salad
- 2 OZ sliced or cubed Provolone Cheese
- 2 OZ sliced salami
- 2 OZ sliced or cubed pepperoni
- 3 OZ mixed roasted red peppers and red onions

DIRECTIONS

- Arrange meats and cheeses on tray.
- Add pepper and onion mix.
- Serve with Antipasto Salad.



Item Code Information: Antipasto Salad
Pack size. Order size. UPC
2/5 Order code: 1965164 UPC: 6 11140 25036 3

SEAFOOD SALAD BITES

Toasted bread with Boston Salads' Seafood Salad.



Item Code Information: Seafood Salad
Pack size. Order size. UPC
2/5 Order code: 1339318 UPC: 6 11140 25135 3

Serves 1

- 1 cup Boston Salads' Seafood Salad
- 2 slices wheat bread
- fish shaped cookie cutter
- lettuce, for garnish

DIRECTIONS:

- Toast bread.
- Cut bread into fish shapes with cookie cutter.
- Place 1/3 cup seafood on each piece of bread.
- Enjoy, garnish with salad if desired.

For more information please contact:

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RECIPES



Prosciutto Wrapped Roasted Peach Appetizer

FRESH PEACHES

9521485 | 1/25 LB | PACKER

FRESH MINT

2037109 | 1/4OZ | IMPFRSH

PROSCIUTTO

2566032 | 12/1LB | AREZZIO

Ratatouille

1 CUP CHERRY TOMATO, HALVED

2203024 | 12/1 PT | SYS IMP

1 CUP SUMMER SQUASH, SLICED

6902399 | 1/5 LB | SYS IMP

10 EACH BABY ZUCCHINI HALVED

1268960 | 1/5 LB | PACKER

1 CUP BROCCOLINI

2473775 | 1/18 CT | PACKER

1 EACH LARGE SHALLOT, THINLY SLICED

1977743 | 4/4 LB | PACKER

1 PEPPER, THINLY SLICED

6902340 | 1/5 LB | IMPFRSH



Farmer's Market Hash

2 EA. RED OR BEETS

4424729 | 10/1.1 LB | IMPFRSH

1 TBL. FRESH ORANGE JUICE + 1/2 TSP. ORANGE ZEST

1CUP PARSNIPS CUT INTO 1/2" PIECES

4974814 | 1/20 LB | PACKER

1 1/2 CUPS RED POTATOES, CUT 1/2" PIECES

4305397 | 1/10 LB | SYS IMP

1-1/2 CUPS BUTTERNUT SQUASH

4215141 | 4/5 LB | PACKER (DICED)

3 CUPS BRUSSELS SPROUTS, SHRED

2464396 | 2/3 LB | PACKER

1 CUP YELLOW ONION, CHOPPED

6791925 | 2/5 LB | PACKER (DICED)

1 TSP. FRESH THYME LEAVES

2005296 | 1/LB | PACKER

4 EA. LARGE EGGS, POACHED

4767022 | 1/15 DZ | WHLFCLS

SHREDEDD CHEDDAR CHEESE

2404135 | 4/5 LB | CASAIMP

KOSHER SALT

FRESH GROUND BLACK PEPPER

OLIVE OIL





Pear Salad with Arcadian Harvest® Classic, Candied Pecans, Blue Cheese and Honey Mustard Dressing

INGREDIENTS

**1 LB ARCADIAN HARVEST LETTUCE
(16 CUPS)**

1132050 | 1/3 LB | IMPFRSH

**8 PEARS, FIRM/RIPE, PEELED, CORED
& CUT LENGTHWISE INTO 8 WEDGES**

4292025 | 1/12 CT | SYS IMP

2 CUPS BLEU CHEESE CRUMBLES

0671677 | 2/5 LB | SYSIMP

2 CUPS CANDIED PECANS

3463423 | 1/5 LB | FSHRNU

HONEY MUSTARD DRESSING

0689539 | 4/1 GAL | SYS CLS

DIRECTIONS

- PUT OVEN RACK IN MIDDLE POSITION AND PREHEAT OVEN TO 425°.
- TOSS PEARS WITH OIL AND SPREAD IN SINGLE LAYER IN A 17"X12" SHALLOW BAKING PAN, THEN SEASON WITH SALT AND PEPPER. ROAST PEARS, STIRRING AND TURNING OVER TWICE, UNTIL PEARS ARE TENDER AND BEGINNING TO BROWN, 20-30 MINUTES. COOL ABOUT 15 MINUTES.
- WHILE PEARS ARE ROASTING AND COOLING, PLACE 1 LB ARCADIAN HARVEST SALAD BLEND INTO A LARGE BOWL.
- JUST BEFORE SERVING, ADD ROASTED PEARS, CANDIED PECANS, BLEU CHEESE AND DRESSING TO GREENS AND TOSS TO COMBINE WELL.



Butternut Squash, Sage & Ricotta Stuffed Mushrooms

INGREDIENTS

12 EA. MUSHROOMS

1395409 | 1/8 LB | IMPFRSH

1 LBS. DICED BUTTERNUT SQUASH

4215141 | 4/5 LB | PACKER

3 TBL. OLIVE OIL BLEND, DIVIDED

7264361 | 6/1 GAL | AREZZIO

1 TBL. SAGE LEAVES, FINELY CHOPPED

2004943 | 1/1LB | IMPFRSH

TO TASTE SALT AND GROUND BLACK PEPPER 1/2 CUP RICOTTA CHEESE

1101324 | 2/5 LB | AREZZIO

1/2 TSP. LEMON ZEST, FINELY GRATED

7412596 | 12 CT | IMPFRSH

3 EA. THIN SLICES OF PROSCIUTTO

2566032 | 12/1LB | AREZZIO

2 TBL. FONTINA CHEESE, GRATED

4069870 | 1/10LB | AREZCLS

2 TBL. CHIVES, FINELY CHOPPED

2058881 | 1/11LB | IMPFRSH

DIRECTIONS

- Remove and chop mushroom stems, reserving mushroom caps. Toss squash and mushroom stems with 1 tablespoon olive oil, sage and a good pinch of salt and pepper. Roast, stirring occasionally, until starting to brown around the edges and tender, about 15 to 20 minutes. Set aside to cool on baking sheet.
- Stir together ricotta cheese and lemon zest. Season to taste with salt and pepper
- Decrease oven temperature to 350F (180C).
- Lay prosciutto out flat in a single layer on a parchment lined baking tray. Bake until fat turns golden and prosciutto is crisp, 12 to 15 minutes. Transfer to a paper towel lined baking tray to drain and cool. Break into smaller pieces and reserve for garnish
- Meanwhile, place reserved mushroom caps on a parchment lined baking sheet and brush with remaining 2 tablespoons olive oil. Place 1 1/2 teaspoons ricotta mixture in each mushroom cap before topping with butternut squash filling and a sprinkle of fontina cheese. Bake until mushrooms are tender, and filling is warm, about 15 to 20 minutes.
- Serve mushrooms while still warm garnished with a piece of crispy prosciutto and chives.



Spa Salad

INGREDIENTS

1/2 CUP 5-GRAIN BLEND

4438911 6/2.5 LB PATHLIF

1/4 CUP CHICKPEAS DRAINED & RINSED

4062337 6/#10 SYSCLS

4 ASPARAGUS SPEARS, TRIMMED

4418752 1/11 LB PACKER

2 TBL OLIVE OIL

4477941 1/10 LTR AREZIMP

1 CUP FRESH SPRING MIX

3629433 1/3 LB IMPFRSH

1 CUP FRESH KALE

1985274 4/2.5 LB IMPFRSH

3 OZ FRESH BLACKBERRIES

1007871 12/.5 PT PACKER

3 OZ FRESH STRAWBERRIES, QUARTERED

6235501 8/1 LB PACKER

1/4 CUP AVOCADO, DICED

6297594 48/1.5 OZ CASAIMP

2 OZ. SYSCO IMPERIAL BLOOD ORANGE SHALLOT VINAIGRETTE

4626562 2/1 GAL SYSIMP

KOSHER SALT AND FRESHLY GROUND BLACK PEPPER TO TASTE

DIRECTIONS

- Bring a pot of salted water to a boil. Blanch the 5-Grain Blend in the boiling water for 2 minutes; then shock in ice water.
- Spread the chickpeas on a sheet pan in the refrigerator to dry out.
- Once dry, deep-fry them at 350 degrees until browned and crunchy, about 3 minutes. Drain them on paper towels and season with salt to taste.
- Preheat a charbroiler.
- Blanch and shock the asparagus using the same technique. Once shocked and dried, brush with oil, season with salt and pepper and place on the charbroiler.
- Grill for 2 minutes, turn the asparagus and grill for 1 minute longer. Remove and slice into pieces.
- In a large bowl, combine the spring mix and kale.
- Arrange the berries, asparagus pieces, cooked grains and diced avocado on top of the salad greens.
- Drizzle with the vinaigrette and serve.



Harvest Lamb Shank

INGREDIENTS

HARD CIDER GLAZE

- 2 cups hard apple cider
- 3 cup Sysco Classic brown sugar
- 1 teaspoon grated Imperial Fresh ginger
- 1/4 teaspoon fresh grated nutmeg

ROASTED SQUASH, APPLES AND ONIONS

- 2 Fuji apples, cored and cut into wedges
- 1 butternut squash, peeled, seeded and cut into 1/2" slices
- 1 large Imperial Fresh white onion, halved and sliced
- 2 tablespoons Arrezzo Imperial olive oil
- 1/2 teaspoon Sysco Classic kosher salt

FOR SERVING

- 4 Sysco Imperial Sous Vide Rosemary & Mint Lamb Shanks
- 1/2 cup Wholesome Farms Imperial unsalted butter, softened

DIRECTIONS

HARD CIDER GLAZE

- Heat all ingredients in a saucepan over medium heat until reduced by half, about 30 minutes.
- Refrigerate in an airtight container up to 6 days.
- Makes about 1 cup

ROASTED SQUASH, APPLES AND ONIONS

- Toss all ingredients in a large bowl.
- Spread in a single layer on parchment-lined sheet pan and roast at 400°F until tender and lightly caramelized, about 35 minutes.
- Refrigerate in an airtight container up to 6 days.
- Makes about 6 cups.

FOR SERVING

- Warm Sous Vide Rosemary & Mint Lamb Shanks in packaging in a saucepan of simmering water until heated through, about 5 minutes.
- Remove packaging and transfer lamb and sauce to a sauté pan over medium heat.
- Cook until lamb is slightly charred and sauce has mostly reduced, about 8 minutes, basting occasionally.
- Warm Roasted Squash, Apples and Onions in oven at 400°F until heated through, about 8 minutes.
- Heat Hard Cider Glaze in a small saucepan over high heat until simmering, about 2 minutes; whisk in butter.
- Transfer Roasted Squash, Apples and Onions to serving plate; serve topped with lamb and glaze.



Buy local and sell fresh – a philosophy that we’ve helped create. We’re invested in providing markets for local farmers and providing your customers with the natural, organic and locally grown foods they crave.

Our commitment to the local grower is strong. Sysco sponsors workshops around the country to promote them getting involved in our fresh produce supply chain and to aid them as they begin the transition. Sysco has also set up local grower co-ops to allow for daily communication regarding product quality and availability. These farmers, as with all Sysco partners, are subject to our high standards and specifications. We provide independent farmers the opportunity to distribute to wholesale foodservice operators and they allow us to maximize the use of local, in-season fresh produce. Sysco hopes to create strong links between consumers and the farmers/stewards of the land resulting in long-term relationships that benefit all participants with health, economic success and a sense of community.

